

A Greener Christmas

St James Eco Church would like to suggest a few ideas for you to make your Christmas slightly more eco-friendly, without losing the true spirit and meaning of Christmas—celebrating God bringing Jesus into the World.

Festive Walk.

Get some exercise over the Christmas Period this could be a festive walk. We have lots of beautiful areas to walk locally: Thames Path, Dinton Pastures, Windsor Great Park, local National Trust properties (if you are a member).



Games

Dust off those board games in your cupboards, or look at buying some from local Charity shops or on ebay, Vinted etc.

Festive Treats

Make some festive treats. Remembering to use the LOAF principles. Try some festive treats from other countries—such as Turròn, *bûche de Noël*,

Natural Decorations

In the run up to Christmas—why not spend some time with your family and friends making natural decorations—such as wreaths / bunting / garlands.—You could gather holly, pine cones, ivy etc when you are out for your festive walk or winter hunt.

Consider car sharing to attend your festive seasonal events, celebrations.

Festive Fun

All over the world people celebrate Christmas differently.

Explore as a family other countries festive traditions



Write a letter to Father Christmas / Santa Claus.

Readathon Borrow some Christmas books from the Library and have a festive readathon!

Winter Hunt

Have fun creating / drawing a checklist of 12 animals, birds or items you might find on a winter walk. As you go on your walk look out for the items on your list: robin, winter hat, umbrella, leaf, berries, ice, bare tree, Christmas tree, wreath, etc.

Remember little changes go a long way!

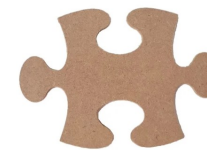
Christmas Movie Night

Instead of going out to the cinema—watch a film at home. Beforehand stock up on pop corn and treats then close the curtains, curl up on the sofa and watch a TV Movie, plan your time and watch direct from the TV or watch on iPlayer / catch-up TV.

Blessings Jar - Save an old coffee jar, jam jar, any jar and decorate it. As you have fun and prepare for Christmas—write down things you are thankful / grateful for and place it in your jar. You could continue this after Christmas and review weekly or monthly.



Jigsaws



Visit a charity shop , car boot sale or children's toy shop prior to Christmas and find a jigsaw all the family would enjoy making together. It could have a Christmas theme or be of a City you dream of visiting, or a holiday scene.

Take a walk or cycle around your neighbourhood and admire the Christmas lights.