

## LiFT Online No 10 – 26<sup>th</sup> January 2021

### HOPE

Welcome to the first LiFT Online for 2021. I hope this finds you well and ready for a new year of journeying with our loving Heavenly Father. We don't know what is in store for us through the coming months, but this would be a good occasion to ask Jesus to come into our lives afresh wherever we are.

To start our time of worship together I have chosen "Come Lord Jesus" by Sam and Becki Cox which has an interesting use of graphics to supplement the words. Please be open to hear the Holy Spirit through it.

<https://youtu.be/5PEEVVFiG9A>

Take a few moments of quietness to thank and praise God for all that He has done for you over the past few weeks and days. Don't worry if your mind has gone blank, just start with something simple – food to eat, a home to live in, friends and family.....

Psalm 37:3-7, 23-24 says:

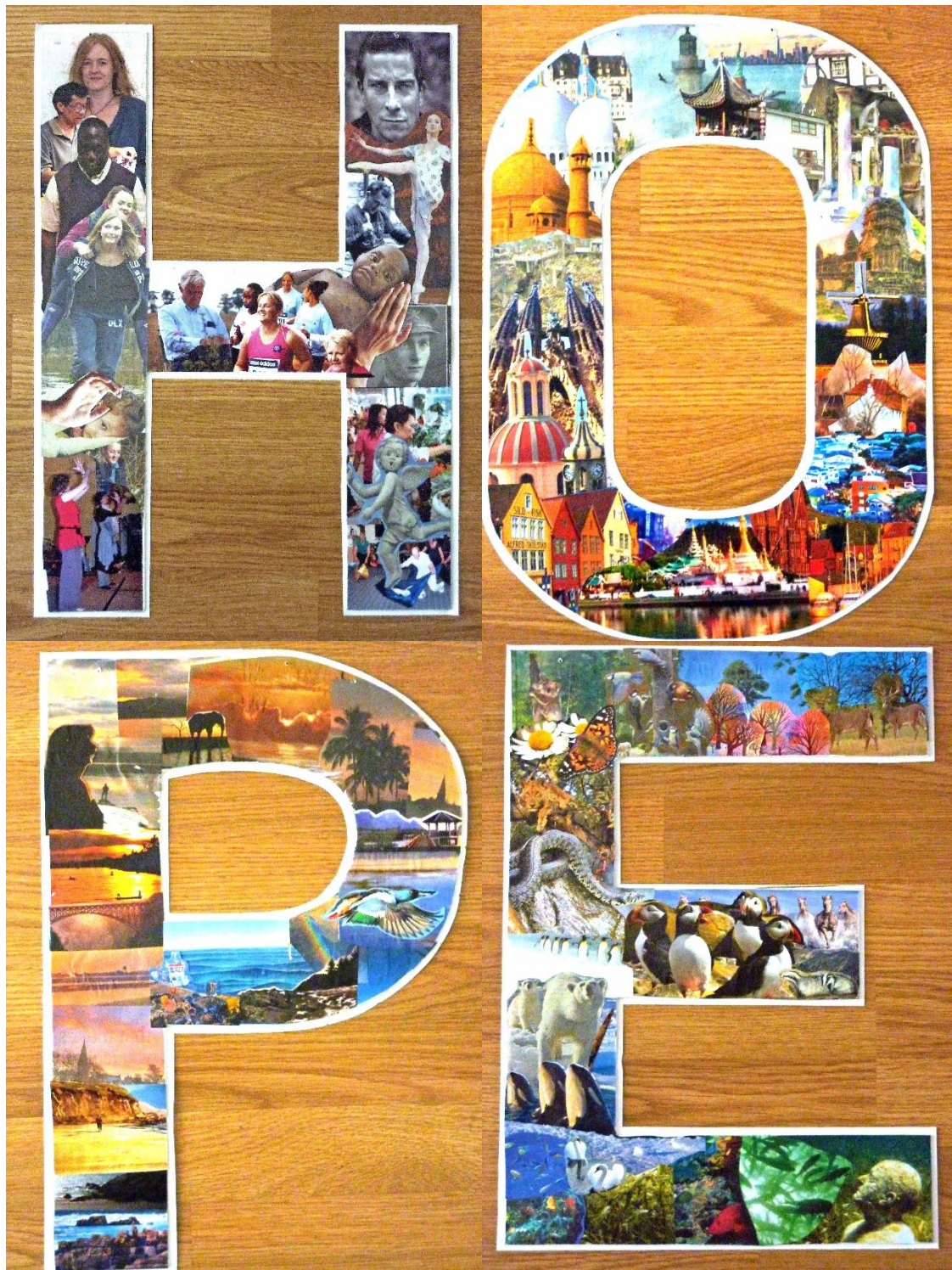
***Trust in the Lord and do good, dwell in the land and enjoy safe pasture. Delight yourself in the Lord and he will give you the desires of your heart. Commit your way to the Lord, trust in him and he will do this: He will make your righteousness shine like the dawn, the justice of your cause like the noonday sun. Be still before the Lord and wait patiently for him...If the Lord delights in a man's way, he makes his steps firm, though he stumble, he will not fall, for the Lord upholds him with his hand."***

Read through slowly allowing the different phrases to dwell in your consciousness, making notes of any particular words which speak directly to you. If possible, write them out and place them somewhere where they can be seen, to remind you.

As you listen and watch an instrumental version of Majesty, you might like to place your hands in an open position to receive a word or picture from the Holy Spirit.

[https://youtu.be/ryz\\_z1vjwmA](https://youtu.be/ryz_z1vjwmA)

As we turn now to a time of intercessions you might find these collage pictures of the word HOPE might act as a catalyst for thoughts and ideas for prayer:



Please pray for

**H**ospitals and Health

**O**verseas – Mission Partners

**P**eace, plus those live in poverty!

**E**nvironment

As we bring our time together to a close, may we each know the peace and protection of the Lord, may he draw us closer to Himself and reveal Himself to us through the Holy Spirit, throughout the coming days. Amen

Lord of all Hopefulness by Slane

<https://youtu.be/b8mti7VL3gg>

Take care and keep safe

Margaret