

## **LiFT Online No 8 – October 2020**

### **Faithful One**

Welcome to October's Online LiFT. With the nights drawing in and the longer periods of darkness, when the weather turns even more unpredictable, storms lash across the land and the wind becomes bitterly cold and many plants have retreated underground, birds have migrated to warmer climes and all may seem stark and bleak. Yet we know that this is a time of preparation for a new season, new life, new growth, new promises, new hope. With this in mind, we will thank God for all the wonders that He has made through an old song, but with a modern melody and beautiful graphics:

All Things Bright and Beautiful by John Rutter and sung by the Cambridge Singers

<https://youtu.be/cXFCZQDqlQ8>

Please to take some time to linger on some of the images that you have seen on the video and to both thank and praise God. If you are feeling a bit low, or sad, lonely, or fearful, then please use this time as an opportunity to tell your Heavenly Father how you are feeling.

***<sup>10</sup> My beloved spoke and said to me,  
“Arise, my darling,  
my beautiful one, come with me.***

***<sup>11</sup> See! The winter is past;  
the rains are over and gone.***

***<sup>12</sup> Flowers appear on the earth;  
the season of singing has come,  
the cooing of doves  
is heard in our land.***

***<sup>13</sup> The fig tree forms its early fruit;  
the blossoming vines spread their fragrance.  
Arise, come, my darling;  
my beautiful one, come with me.” Song of Songs 2:10-13***

In a time of quietness and openness to God, let us listen for words or pictures of encouragement for the Church or for someone that we know and if we are able to, please, please, do pass them on.

As we come to a time of Intercessions, allow the Holy Spirit to guide you. All over the world, in this moment of time, there will be millions of people all crying out "**where does my help come from?**" The majority, possibly, will not know. Immerse yourselves in the images of the song below and use them as a springboard to pray for our world, for our nation, for our Community and for our Church and for those who are persecuted, troubled, lost, sick or dying.

***Holy Spirit, come, we pray. As we open our ears to hear you, our eyes to see you and our hearts to beat in unity with You, Come Holy Spirit, Come. Amen***

<https://youtu.be/9g4eqKDkDiw>

I lift my Eyes to You (Psalm 121) by Brian Doerksen

As this time draws to a close there is only one song with which we could finish our time together:

Faithful One by Brian Doerksen with Kathryn Scott

[https://youtu.be/tum3U\\_28Xc4](https://youtu.be/tum3U_28Xc4)

May God bless each one of us, protect us, our families and friends through the coming days and weeks. Amen

Take care and keep safe.

Margaret